

RELAX
REJUVENATE
RESTORE



Allow our experienced therapists to nurture your mind, body and spirit with soothing therapies and pampering treatments.



THE SPA AT SAGE VALLEY



MASSAGE

- ❖ **Classic Sage Valley Massage**
Our traditional full body massage eases mild muscle aches, tension and increases circulation. \$160/hr.
- ❖ **Hot Stone Massage**
Relaxing treatment in which hands on massage is accompanied with heated basalt stones to relieve sore muscle tension. The result is a relaxing and rejuvenating experience. \$185/hr.
- ❖ **Therapeutic/Sports Massage**
Skillful therapists combine various massage techniques & stretching to relieve muscle tension and discomfort. The strength and depth of the strokes are tailored to your individual needs. \$185/hr.
- ❖ **Aromatherapy Massage**
This spa treatment nurtures the mind and body and spirit. The science of aromatherapy can be used for Relaxing, Energizing, or Rejuvenating. \$180/hr.
- ❖ **Couples Massage**
Relax with a friend or significant other in our Couples Room. Choose from Swedish, Hot Stones or Sports Massage. A couple's massage is the perfect gift for a birthday, anniversary or that couple that has everything!

All of the above treatments are available in 1 hour or 1½ hour increments.

BODY TREATMENTS

- ❖ **Sea Salt Glow**
Sea Salt is blended with rich oils to replenish dry skin. Choose either fragrance free for sensitive skin or a customized aromatherapy to achieve your desired experience. \$160/45 Minutes
- ❖ **Herbal Body Wrap with Exfoliation**
An exfoliation treatment prepares the skin for an ample application of herbs and oils then a heated cocoon allows the oils to penetrate deep into the skin. \$185/60 Minutes

FACIALS

- ❖ **Sage Valley Classic Facial**
The face only has one layer of skin compared to the seven layers on the rest of the body, and everyone's chemistry is different, so it is important to analyze each guest's skin and determine which products and treatments best suite them. \$150/60 Minutes

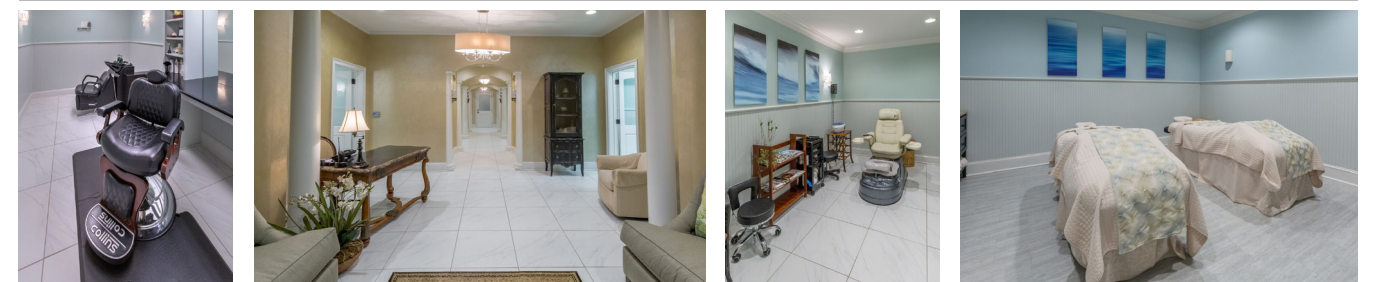
Relax your day away with a customized facial treatment

HAND & FOOT TREATMENTS

- ❖ **Manicure and Pedicure**
A treatment that is not only therapeutic for the surface of the skin and how detailed your nails look but also can affect every system of the body. Cleanse, exfoliate and refine the hands and feet but do not forget the pure pleasure of the massage that thoroughly encompasses your extremities. \$135/60 Minutes
- ❖ **Paraffin Treatment - Only available in the colder months of the year**
Renew and rejuvenate your hands as they are dipped in heated paraffin. \$25

HAIR & GROOMING SERVICES

At Sage Valley, we try to accommodate all of your needs from your skin and body to the hair on your head. Professional stylists are available to handle all of your cutting and styling needs. \$35 up



Please call (803) 474-0644 to speak with Michelle Engel to set up any spa appointments.
Spa Appointments are available everyday from 7am to 7pm